

**Theory and Applications of Transactional Analysis  
TA 101 Course**

**When:**           **Friday, September 14, 2012**           8:30 A.M. to 4:00 P.M.

**Saturday, September 15, 2012**           9:00 A.M. to 4:00 P.M.

**Where:**           **3740 Colony Dr. Ste. 260  
San Antonio, Texas, 78230**

Transactional Analysis is a rational and easy-to-understand method of clarifying and managing human relationships and behaviors. The concepts developed by Eric Berne, M.D., in the 50s and 60s have continued to be expanded by Transactional Analysts throughout the world. This course is a synthesis of the original concepts and of recent developments in the theory and application of Transactional Analysis. This course can be beneficial to mental health professionals, parents, educators, clergy, physicians, people in managerial positions and the legal profession, **and anyone interested in relating more effectively with self and with others.** This course can serve as an introduction to Transactional Analysis or as a refresher for those already familiar with the theory and applications.

Completion of this course fulfills the requirements for becoming a member of the International Transactional Analysis Association and is a prerequisite for advanced Transactional Analysis training and supervision.

**This course has been approved for twelve hours of continuing education credit by the Texas Board of Examiners of Licensed Professional Counselors and the Texas Board of Examiners of Licensed Marriage and Family Therapists.**

***Participants will learn:***

- \* to use Transactional Analysis as a diagnostic tool and for treatment interventions with clients*
- \* ways to manage their own behaviors and lead others to excellent performances*
- \* to differentiate between feelings, thoughts, and opinions and use them for potent communication*
- \* to avoid and/or get out of counter-productive relational entanglements*
- \* options that work when communication is at an impasse*
- \* how to protect themselves from the internal critic*
- \* tools useful in taking charge of life*
- \* the power of giving and receiving positive and negative feedback*
- \* to think about feelings in order to solve problems and meet needs*
- \* to become aware of the negative impact of early life decision on today*

**Cost:**           \$160.00 includes workshop tuition and materials  
                          **\$150.00 early bird registration before September 1, 2012**  
                          \$95.00 for full-time students (some scholarships available)

**Lunch**            You may bring your own lunch or go out to a close by restaurant for lunch.

**Presenter: Felipe Garcia, M.A.,** is a Licensed Professional Counselor and Licensed Marriage and Family Therapist in Texas. He has been in private practice in San Antonio for 30 years. He is a Clinical Teaching and Supervising Member of the International Transactional Analysis Association and a Clinical Member of the American Association of Marriage and Family Therapists and a Diplomat of the Redecision Therapy Association. Mr. Garcia has worked with couples and families and has trained executives, managers and other personnel in both the private and public sectors in the U.S., Europe, Latin America, and Asia. He has published several articles on communication and cooperation, including “The Role of Feelings in the Workplace” and “Winning Together”. He is founder and past General Coordinator of the United States of America Transactional Analysis Association and has served on the board of trustees of the International Transactional Analysis Association. He has been a board member of the San Antonio Group Psychotherapy Association. **To register, go to [www.winningtogether.org](http://www.winningtogether.org) or mail the attached form.**

**Registration Form**  
**TA 101: September 14 and 15, 2012**

You can also register online at [www.winningtogether.org](http://www.winningtogether.org)

Mail to:

**Felipe N. Garcia • 9900 Escondida Road • Helotes, Texas 78023**

**Name** \_\_\_\_\_

**Street Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**Home Phone** \_\_\_\_\_ **Business** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Profession:** \_\_\_\_\_

**How I heard about this event:** \_\_\_\_\_

**My goals for attending this event:** \_\_\_\_\_

Check enclosed for full payment: \$160.00 or \$150.00 before September 1, 2012

Check enclosed for deposit: \$80.00. Balance is due at registration.

For credit card payments: email address, expiration date, and name on card.

Name: \_\_\_\_\_ E Mail address \_\_\_\_\_

Card expiration date: \_\_\_\_\_

For additional information, call (210) 695-9016 or fgarcia99@gmail.com

**Refund Policy:** Your deposit minus a \$10.00 administration fee is refundable for cancellations made ten days before the event.